

PriFor

THE PRIMARY HEALTHCARE
PARTNERSHIP FORUM

2026



September 11-12, 2026

Health Innovation
Acceleration Centre
St. John's, NL.

prifor 2026
**Team-based Primary Care
Program & Abstracts**

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Welcome messages

Primary Healthcare Research Unit (PHRU)



On behalf of PRIIME (Primary care Research, Implementation, Improvement and Evaluation) and the Primary Healthcare Research Unit, I am pleased to welcome you to PriFor 2026, taking place September 10 to 12, 2026, at the Health Innovation Acceleration Centre in St. John's. PriFor continues to be the province's leading venue for patients, clinicians, policymakers, researchers, administrators, and others working in primary healthcare to meet, share new programming and research, and build the partnerships that move our field forward.

This year's forum turns its attention to strengthening primary healthcare through team-based models of care, and to the research and collaboration t

hat make those models work in practice. Team-based care has moved from a policy aspiration to an operational priority across the country, and this year's program reflects that shift: Dr. Monica Aggarwal opens Friday by tracing how team-based primary care in Canada got here and where it needs to go, Dr. Tara Kiran brings her 'OurCare' work on building a patient and public-centred vision for primary care, and Dr. Emmanuelle Britton and Martin Forgues share how Montreal's Territorial Department of Family Medicine is advancing integrated care through clinical and administrative partnership. Our Friday panel on "homegrown" team models and the Saturday sessions on integrated care and workforce development will let us test those ideas against what is actually working here in Newfoundland and Labrador.

This year also marks the introduction of PRIIME. Built around four pillars; data, people and priorities; research; quality improvement; and knowledge translation and exchange. PRIIME exists to make primary care research more relevant, more robust, and faster to translate into practice. You will see that mandate reflected in some of our newest tools, from the research inventory database to quality improvement outcomes like our no-show initiative, and we're looking forward to sharing more about where this network is headed.

None of this would be possible without the dedication of the PriFor Planning Committee and the staff who have worked hard to bring this conference together. Thank you for everything you have put into these two and a half days.

Welcome to all of you, whether joining us from here in the province, elsewhere in the country, or further afield. I hope you leave with new ideas, new connections, and renewed momentum for the work ahead.

-Dr. Kris Aubrey-Bassler

Welcome messages

Primary care Research Implementation Improvement Evaluation (PRIIME) Network



The Primary Care Research, Implementation, Improvement, and Evaluation (PRIIME) Network is a practice-based research and learning network and the NL component of the Canadian Primary Care Research Consortium. The PRIIME Network's vision is to support high-quality, relevant primary care research that reflects the needs of interest-holders and is grounded in reliable data backed by a robust infrastructure to support the uptake of findings into practice. Our interest-holders have identified team-based primary care as a local priority topic area for the PRIIME Network.

As such, we are very pleased to be hosting PriFor 2026. Through this conference we are able to provide a venue for fostering collaboration and sharing research findings among a variety of primary care research interest-holders. PRIIME Network faculty and staff have shouldered the bulk of the work required to plan and host this conference and the Network has provided financial support for graduate students to present their work. We hope you enjoy the conference!

Welcome messages

Family Care Teams Resource Hub



On behalf of the Family Care Teams Resource Hub, welcome to PriFor 2026 and to the IPC in Action: Lessons Learned in Team-Based Primary Care Community of Practice.

We are proud to partner with PRIIME to bring together people from across Newfoundland and Labrador and beyond who are committed to strengthening team-based primary care.

This event is an opportunity to learn from one another, share what is working, be honest about the challenges, and consider how we can continue to build stronger, more collaborative teams.

The Family Care Teams Resource Hub was created to support the implementation of interprofessional collaborative practice in Family Care Teams across the province. Through practical resources, learning opportunities, tools, webinars and Foundations training, the Resource Hub aims to make it easier for teams to translate evidence and ideas into everyday practice.

While the Resource Hub was developed in the context of Family Care Teams, the learning opportunities it offers are relevant to anyone working in team-based care. Whether you work in a Family Care Team or a different team-based care setting, we hope you will find resources that support your team's work.

We know that meaningful change does not happen simply by adding more resources or information. It happens when people have opportunities to apply what they learn, learn from colleagues, and adapt approaches to their own teams and communities. That is why we are especially excited about our IPC in Action Community of Practice. It's a space to share experiences and learn from the work already underway across Newfoundland and Labrador.

Thank you for being part of this conversation and for the work you do every day to strengthen team-based primary care. We hope you leave PriFor 2026 with new ideas and connections.

Welcome, and enjoy the conference!

Family Care Teams Resource Hub

Cheryl Etchegary | Project Manager | Quality of Care NL | Memorial University

Adam Reid | Knowledge Exchange Facilitator | Centre for Collaborative Health Professional Education | Office of Professional and Educational Development in the Faculty of Medicine

Highlights and key points

- Registration begins at 8:15 a.m. on Friday, with opening remarks at 9:00 a.m.; Saturday starts at 9:00 a.m.
- All meals and breaks on both days are in the cafeteria/poster viewing area here at the Health Innovation Acceleration Centre.
- Please remain in the cafeteria/poster viewing area for the duration of all breaks to ensure HIAC staff have ample space for the reorganisation of rooms between sessions.
- Posters: There are two 45 minute poster sessions September 11th and one 45 minute session September 12th; those presenting posters should have them up on their designated board at least 30 minutes before their session and take them down by the end of their presentation. Presenters are asked to stand by their posters during their designated date and time.
- Oral presentations, workshops and panel discussion: There are three rooms with oral presentations, and a workshop or panel discussion running concurrently each day. Oral presentations will be held in either Salon A or B, and panels and workshops will be held in Salon C. All presenters should have received a letter indicating the time of their presentation. Presentations will be uploaded and ready for presenters at the podium before your session; If you have brought your presentation on a flash drive, please ensure you give it to your room facilitator or one of the HIAC IT staff at least an hour before the block of sessions in which your presentation is scheduled.
- Plenary sessions: There are three keynote addresses and a Community of Practice event in the full venue area:
 - Following the opening remarks on Friday morning, Monica Aggarwal will be here to kick things off speaking on what it takes to move from siloed care to truly integrated, high-performing interprofessional primary care teams.
 - Friday afternoon, Tara Kiran will explore OurCare, Canadians' priorities and vision for primary care, comparing these with the realities of today's system, including team-based care.
 - and finally, Saturday afternoon, Emmanuelle Britton and Martin Forgues will discuss their practical experience implementing clinical-administrative co-management and supporting the evolution of team-based primary and community care.
- Community of Practice event: There will be a community of practice event hosted by the Family Care Teams Resource Hub on Saturday afternoon which will consist of a series of interactive discussions about team-based primary care in Newfoundland & Labrador. Meet and interact with other professionals working in other Family Care Teams to share successes, challenges, and solutions.
- Conference will adjourn at 1:30 p.m. on Saturday for anyone not attending the community of practice event
- **Please feel free to approach any of the conference staff if you need help. They will be wearing BLUE name tags.**

Special Acknowledgements

A big thank you to our sponsors; The **Family Practice Renewal Program, Newfoundland and Labrador Health Services and Southcott Leadership!** This event could not have been possible without your generosity.

We would also like to thank our supports here at the Health Innovation Acceleration Centre who have helped to make sure our event runs smoothly; we appreciate all the time and effort that has gone into making this event possible!

The PriFor committee extends their great appreciation to our fantastic guest speakers who have traveled here to share their expertise. We are grateful for the time and thought they have invested in joining us, and for their willingness to engage in meaningful conversations about the future of primary and community care. Their knowledge, experience, and passion inspire us to consider how we can work together to strengthen healthcare for the people and communities we serve.



We extend our warmest gratitude to **Fazle Sharior** for allowing us to feature their stunning photograph on our cover. Thank you for setting such a beautiful tone for our event!

"Northern gannets at Cape St. Mary's Ecological Reserve, NL (2022). Cape St. Mary's holds one of North America's largest and most accessible gannet colonies, where thousands nest wing-to-wing on Bird Rock, and the birds on the wing ferry nesting material back to the rock – just like partners building and rebuilding together, season after season. It felt like a fitting image for a forum on team-based primary care, and for NL itself: wild, weather-worn, and completely at home on this coast."

Fazle Sharior, researcher at the Primary Healthcare Research Unit, and PhD candidate in the Division of Population Health and Applied Health Sciences, Memorial University.

And finally, to all our committee members, session facilitators (near and far) and everyone else who had a hand in helping us to make PriFor 2026 - Team-based Primary Care a wonderful success. We thank you from the bottom of our hearts. It has been a pleasure to work with you all and we hope you enjoy the conference!

Proud partners of PriFor 2026 - Team-based Primary Care:



Preconference evening event

Thursday, September 10

7-9 p.m.

Dr. Richard Fagen Lecture Hall, 1M101
Faculty of Medicine, Memorial University

Facilitator: Dorothy Senior

Primary care for all: What can Canada learn from other countries?

Dr. Tara Kiran

This year, PriFor is opening its doors to the general public for a special preconference event. Our guest speaker, Tara Kiran (whose bio is detailed on the following page), will be speaking about primary care in Canada and what we can learn from other countries.

“People in Canada agree: everyone should have access to high-quality primary care, no matter their background or where they live. That was one of the key findings from OurCare's national dialogues with members of the public in 2022-23. In this lecture, Dr. Kiran will share what else she heard through OurCare's public consultations and how that compares to the reality today, where more than one in five people in Canada do not have access to primary care. She will then share reflections from her travels to other countries — countries where nearly everyone has access to primary care — and what lessons Canada can apply to its own context.”

After Tara's talk, the floor will be open for questions, comments, and discussion.

Free parking for this event is available in lot 30. Light refreshments will be provided.

Registration at PriFor is not required for this free special event. We expect attendees from all backgrounds, and welcome anyone who has an interest in primary care in Canada.

Plenary sessions

Friday, September 11

Full Venue

9:30-10:45 a.m.

Facilitator: Monica Bull

Team-based Primary Care in Canada – How We Got Here and Where We Need to Go

Monica Aggarwal

CanMEDS: Collaborator, Leader



Professor Aggarwal is an internationally recognized health services and policy researcher whose work focuses on strengthening primary care systems, advancing health equity, and translating evidence into policy and practice. She is an Assistant Professor at the University of Toronto and Founder and Director of the Integrated Primary Care Systems Lab. She chairs the Technical Committee developing the Health Standards Organization's Primary Health Care Services Standard, serves on the Board of the Centre for Effective Practice, and is a Fellow-in-Residence at the C.D. Howe Institute. Her research has informed primary care policy, strategy, standards, and evaluation at federal and provincial levels.

In her keynote, Professor Aggarwal will explore the transition from siloed care to integrated, high-performing interprofessional primary care teams, examining the individual, team, organizational, and system-level conditions that support effective team functioning, as well as approaches to measurement and evaluation. She will offer practical, policy- and practice-relevant insights for patients, clinicians, researchers, health system leaders, and decision-makers working to build collaborative, equitable, and high-performing primary care systems.

As team-based primary care continues to expand across Canada, this timely keynote will offer practical, policy- and practice-relevant insights for patients, clinicians, researchers, health system leaders, and decision-makers working to build collaborative, equitable, and high-performing primary care systems.

Plenary sessions

Friday, September 11

Full Venue

1:00-2:00 p.m.

Facilitator: **Dorothy Senior**

OurCare: Advancing a patient and public-centred vision for primary care in Canada

Tara Kiran

CanMEDS: Leader, Health Advocate



A family doctor and renowned primary care researcher, Tara Kiran investigates how changes in the health care system impact patients, particularly the most vulnerable. In her research and practice, she develops and tests solutions to make health care more inclusive and more effective.

Much of Tara's research has evaluated how primary care reforms have impacted quality of care. She also leads research to directly improve quality of care including initiatives to measure and reduce care disparities, engage patients in health service improvement, and support physicians to learn from data. In 2022, Tara launched OurCare—a national initiative that engaged nearly 10,000 people across Canada over 16 months to co-create a blueprint for a stronger and more equitable primary care system. She is also the creator and host of Primary Focus, a new podcast that shares stories and innovations from Canada and around the world to inspire a stronger primary care system.

Tara holds the Fidani Chair of Improvement and Innovation at the University of Toronto. She practices family medicine at St. Michael's Hospital, Unity Health Toronto where she is also a Scientist at the MAP Centre for Urban Health Solutions. She is the Vice Chair for Quality and Innovation in the Department of Family and Community Medicine at the University of Toronto, a Senior Adjunct Scientist at ICES and an Associate Professor in the Faculty of Medicine and the Institute of Health Policy, Management and Evaluation at the University of Toronto. You can learn more about her research at <https://maphealth.ca/kiran/>

Plenary sessions

Friday, September 12

Full Venue

12:30-1:30 p.m.

Facilitator: Cheryl Etchegary

Leading Together: Advancing Primary and Community Care Through Clinical and Administrative Partnerships

Emanuelle Britton and Martin Forgues

CanMEDS: Collaborator, Leader

This session is grounded in the presenters' practical experience implementing clinical-administrative co-management and supporting the evolution of team-based primary and community care. Rather than providing a comprehensive literature review, the session will share lessons learned, successes, challenges, and practical strategies emerging from real-world implementation



Dr. Emmanuelle Britton is a Clinical Executive Advisor (Conseillère cadre clinique) with the Montréal Territorial Department of Family Medicine (Département territorial de médecine familiale), within the Regional Direction for Access to Local Medical Services (Direction régionale de l'accès aux services médicaux de proximité). Until the summer of 2025, she served as a medical advisor at the Ministère de la Santé et des Services sociaux du Québec, where she contributed to initiatives focused on enhancing the value of family medicine and evolving models for organizing community-based clinical services.

A family physician since 2010, Dr. Britton has practiced in Ontario and the Outaouais region. She practices at the Wakefield Family Medicine Group (GMF de Wakefield) and the Outaouais Women's Clinic (Clinique des femmes de l'Outaouais). She completed her family medicine residency and postgraduate training in women's health and low-risk obstetrics at the University of Toronto, where she also obtained a certificate in clinical teaching.

She has held several clinical, leadership, and academic roles, including GMF medical lead, member of the Outaouais Department of Regional General Medicine Steering Committee (Comité directeur du DRMG de l'Outaouais), Associate Director of Professional Services – Primary Care at the CISSS de l'Outaouais, and Course Director and Associate Vice-Dean at McGill University's Outaouais Campus.

Dr. Britton has also contributed to healthcare, research, and community development initiatives and roles serving vulnerable communities in Haiti and Toronto.

Plenary sessions

Friday, September 12

Full Venue

12:30-1:30 p.m.

Facilitator: Cheryl Etchegary

Leading Together: Advancing Primary and Community Care Through Clinical and Administrative Partnerships

Emanuelle Britton and Martin Forgues

CanMEDS: Collaborator, Leader



Martin Forgues is a senior healthcare executive with more than 25 years of experience in Québec's health and social services system, including over 15 years in executive leadership roles. Passionate about strengthening public services, he is committed to improving access to care, enhancing the quality of health services, and delivering better outcomes for patients and communities. Throughout his career, Martin has led major organizational transformation initiatives focused on improving access to care, optimizing system performance, and enhancing the patient experience. He is recognized for his collaborative leadership style, his ability to unite diverse stakeholders around a shared vision, and his commitment to fostering innovation, continuous improvement, and sustainable change. Martin has distinguished himself through his ability to bridge the medical, administrative, and governmental sectors. Convinced that the best decisions emerge from the integration of clinical and administrative expertise, he has made physician-administrative co-leadership a guiding principle throughout his career. Working closely with physicians, medical leaders, medical associations, healthcare organizations, and government partners, he has successfully developed and implemented collaborative solutions to address complex healthcare challenges. His ability to build trust, align diverse perspectives, and create consensus has become one of his defining leadership strengths. As Administrative Director of the Montréal Territorial Department of Family Medicine (DTMF), Martin supports Santé Québec's strategic priorities for primary care, regional coordination, and improved access to health services. His responsibilities include advancing collaborative governance models, optimizing care pathways, leading organizational transformation initiatives, and implementing innovative strategies that strengthen health system performance while improving the experience of both patients and healthcare professionals. Martin is recognized for his ability to translate complex challenges into practical, sustainable solutions by fostering collaboration, innovation, and shared governance. He believes that lasting transformation is achieved through engaged teams, mutual trust, and a shared commitment to excellence. His people-centred leadership approach empowers professionals to fully contribute their expertise in delivering high-quality care. Driven by a strong sense of public service, Martin remains committed to building a more accessible, integrated, and high-performing healthcare system—one that places the needs of patients and communities at the heart of every decision.

Conference agenda

Friday

Program Learning Objectives

- Use recent, local research evidence to improve primary care service delivery
- Administer primary care in a team-based model
- Integrate and collaborate with diverse professional roles in primary care teams
- Discuss and address current issues in health systems and policy

Mainpro+ Certified Activity

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Office of Professional & Educational Development, Memorial University for up to 3.0 Mainpro+® Certified Activity credits.

Friday, September 11

8:15-9:00 a.m.	Registration Health Innovation Acceleration Centre lobby
9:00-9:20 a.m.	Welcome & opening remarks Full venue
9:20-9:30 a.m.	PRIIME introduction & showcasing initiatives Full venue
9:30-10:45 a.m.	Team-based Primary Care in Canada – How We Got Here and Where We Need to Go Monica Aggarwal Full venue ----- Learning objectives: • Examine the evolution of team-based primary care in Canada • Summarize the evidence on the impact of team-based primary care models in Canada • Identify the characteristics of high-functioning interprofessional primary care teams • Describe evidence-informed approaches and tools for assessing primary care team functioning and supporting continuous improvement CanMEDS: Collaborator, Leader
10:45-11:30 a.m.	Poster viewing & refreshments Cafeteria

Conference agenda

Friday continued

11:30 a.m.- 12:30 p.m.	Non-Certified Concurrent CPD Session 1 Salon A & B Non-Certified Panel Session Salon C
12:30-1:00 p.m.	Lunch Cafeteria
1:00-2:00 p.m.	OurCare: Advancing a patient and public-centred vision for primary care in Canada Tara Kiran Full Venue ----- Learning objectives: • Summarize patient and public priorities for primary care in Canada • Compare the public's vision for primary care with the reality today including team-based care • Summarize lessons on implementation of team-based care in Ontario • Describe features of some high-performing primary care systems in Europe and contrast these with the Canadian primary care system • Discuss what steps we can take to move to a future state of primary care in Canada that works for patients and clinicians CanMEDS: Leader, Health Advocate
2:00-2:45 p.m.	Poster viewing & refreshments Cafeteria
2:45-4:05 p.m.	Non-Certified Concurrent CPD Session 2 Salon A, B & C

Conference agenda

Saturday

Saturday, September 12

9:00-9:15 a.m.	Refreshments Cafeteria
	Welcome back/Recap Day 1 Salon A, B & C
9:15-10:15 a.m.	Non-Certified Concurrent CPD Sessions 3 Salon A, B & C
10:15-11:00 a.m.	Poster viewing & refreshments Cafeteria
11:00 a.m. - 12:00 p.m.	Non-Certified Concurrent CPD Sessions 4 Salon A, B & C
12:00-12:30 p.m.	Lunch Cafeteria Message from Dr. Bolu Ogunyemi, President of the Canadian Medical Association
12:30-1:30 p.m.	Leading Together: Advancing Primary and Community Care Through Clinical and Administrative Partnerships Emmanuelle Britton & Martin Forgues Full venue Learning objectives: - Explain the role of clinical-administrative co-management in advancing team-based primary and community care by improving access, continuity, and care pertinence through effective interprofessional, interdisciplinary, and multisectoral collaboration, while supporting the successful implementation of initiatives - Identify key clinical and organizational levers that strengthen partnerships between clinical and administrative leaders through co-construction, enabling improved team performance, effective change management, and the advancement of primary and community care - Recognize practical approaches and lessons learned from implementing clinical-administrative partnerships that can be adapted to strengthen collaborative leadership, shared accountability, and team-based care CanMEDS: Collaborator, Leader
1:30 p.m.	conference adjourns for everyone not attending IPC in Action
1:30-4:30 p.m.	Non-Certified Additional CPD Session Full venue
4:30 p.m.	Conference Adjourns

Sessions in detail

Friday Morning

Non-Certified CPD Sessions:

These activities have not been formally reviewed by the CFPC; however, Mainpro+ participants may also earn additional certified credits by completing a Linking Learning exercise.

Non Certified Concurrent CPD Session 1: 11:30 a.m. - 12:30 p.m.

Room:
Salon A

Facilitator:
Zainab Almkhitar

Advocacy & Professional Support to Reduce Inequities

11:30 a.m.	No Cuts to Care: A St. John's Primary Care Advocacy Response to Refugee Health Co-Payments	Mayar Elbaz
11:50 a.m.	No-cost Naloxone Kits & Training in NL Pharmacies: Updates on a Three-Pronged Advocacy Approach	Elizabeth Clarke
12:10 p.m.	From Local Gap to Provincial Collaboration: A Simulated Office Oral Preparation Program for Internationally Trained Physicians	Trina Ralph

Room:
Salon B

Facilitator:
Abby Gruchy

Primary Care Pharmacy

11:30 a.m.	Preparing Canadian Pharmacists for Expanded Cannabis-Related Care: Insights from a National Survey and Qualitative Interviews	Jennifer Donnan
11:50 a.m.	Impact of Medication Therapy Services Clinic (MTSC) experiences on pharmacy student learning and preparedness for practice	Debbie Kelly
12:10 p.m.	The Medication Therapy Services Clinic (MTSC) 10 years later, challenges and opportunities	Debbie Kelly

Room:
Salon C

Facilitator:
Adam Wylie

Panel Discussion

11:30 a.m.	Homegrown: Organic Primary Care Team Models in Newfoundland and Labrador	Adam Wylie
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Sessions in detail

Friday Afternoon

Non Certified Concurrent CPD Session 2: 2:45 - 4:05 p.m.

Room:
Salon A**Facilitator:**
Anna Walsh

Primary Care Workforce

2:45 p.m.	Roles of Licensed Practical Nurses, Registered Nurses, and Nurse Practitioners in Primary Care: Findings from an Umbrella Review	Julia Lukewich
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3:05 p.m.	Strengthening the Primary Care Workforce: Insights from Family Physician Locums in Newfoundland and Labrador	Angela Rees
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3:25 p.m.	Contributions of Canadian Baccalaureate Nursing Education to Primary Care Nursing Career Development Among Final-Year Students: A Multi-Method Study	Deanne Curnew
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Room:
Salon B**Facilitator:**
Brad Furlong

Team-based Primary Care

2:45 p.m.	Extending Team Based Care Into Community Family Practice Through an Allied Health Outreach Model	Adam Wylie
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3:05 p.m.	"Fend for Yourself": Nurses' Experiences Transitioning to Family Care Team Practice Settings in Newfoundland and Labrador	Robin Devey Burry
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3:25 p.m.	Social Prescribing in Newfoundland and Labrador: Bridging Health and Social Care for Older Adults	Judy O'Keefe
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3:45 p.m.	Understanding role enactment for nurses delivering virtual care in primary care teams: A multiple comparative case study in two Canadian jurisdictions	Crystal Vaughan
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Room:
Salon C**Facilitator:**
Andrea Pike

Workshop 1

2:45-4:05 p.m.	Planning for Partnership: A Practical Workshop on Patient Engagement	Holly Etchegary
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Sessions in detail

Saturday Morning

Non Certified Concurrent CPD Session 3: 9:15 - 10:15 a.m.

Room:
Salon AFacilitator:
Valerie Dawe

Integrated Care

9:15 a.m.	A multi-modal training program to optimize interprofessional primary care practice in Newfoundland & Labrador's Family Care Teams	Adam Reid
9:35 a.m.	A Bright Light: A community based care model for reproductive mental health	Archana Vidyasankar
9:55 a.m.	Longitudinal costs and health service utilisation associated with primary care reforms in Ontario: a retrospective cohort study	Filip Potempski

Room:
Salon BFacilitator:
Thaneswary
Rajanderan

Workshop 2

9:15- 10:15 a.m.	The Power of Plain Language: Better Research Participation, Engagement, and Impact	Thaneswary Rajanderan
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Room:
Salon CFacilitator:
Troy Mitchell

Workshop 3

9:15- 10:15 a.m.	Difficult Conversations and Conflict Resolution	Troy Mitchell
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Sessions in detail

Saturday Morning continued

Non Certified Concurrent CPD Session 4: 11:00 a.m.-12:00 p.m.

Room:
Salon A

Facilitator:
Katie Ryland

Prevention & Geographic Health Inequity

11:00 a.m.	Missed opportunities for hereditary cancer prevention and early detection in primary care: A cohort study of high risk individuals in Newfoundland and Labrador (NL)	Holly Etchegary
11:20 a.m.	The BEACON Birth Cohort Study: Trends in Perinatal Health in Newfoundland and Labrador Over a Decade – A BECON Birth Cohort Study	Jo-Anna Hudson
11:40 a.m.	Physical activity in rural communities: An interview-based study to understand the relevant attitudes and practices of primary care practitioners and their patients	Lauryn Collett

Room:
Salon B

Facilitator:
Sadhana Banjade

Innovation in Care

11:00 a.m.	Acceptability of the BETTER Chronic Disease Prevention Program Delivered Virtually: The Virtual BETTER Randomised Trial	Kris Aubrey-Bassler
11:20 a.m.	Standardized Early Warning Scores in Care Homes: Implementation, Outcomes, and Pathways for UK and Canadian Healthcare Systems	Zainab Almkhtar
11:40 a.m.	Quality of Care NL/Choosing Wisely NL: Supporting the transformation of our province's health and wellbeing through a Learning Health and Social System approach	Robert Wilson



← View full abstracts here

Panel Discussion

Friday, 11:30 a.m.–12:30 p.m.

Non Certified Concurrent CPD Session 1: 11:30 AM-12:30 p.m.**Homegrown: Organic Primary Care Team Models in Newfoundland and Labrador**

Adam Wylie

Context: While the Family Care Team model gaining prominence since the release of the 2023 policy framework, we acknowledge the important lessons to be learned from interprofessional primary care teams that exist and thrive outside the Family Care Team model. In this panel discussion, representatives from interprofessional primary care teams working in Newfoundland and Labrador outside of the Family Care Teams framework will share their successes and challenges working in the team-based care model.

Goal: The objective of this panel discussion is to facilitate the exchange of team-based care ideas, approaches, and practices in interprofessional primary care teams. This session brings together primary care providers working in interprofessional team clinics from across NL to share practical, real-world experiences in team-based primary care. Panelists will describe interprofessional primary care interventions that have emerged in response to the needs of their communities, utilizing the professional expertise of partners within and across organizations.

Target Audience: The primary target audience for this panel discussion is family physicians and other primary care providers, as well as administrators, managers, decision makers, patients, and researchers interested in team-based primary care models.

Learning Objectives:

By the end of the curated session, participants will be able to

1. Identify key elements of effective team-based primary care within teams
2. List challenges for primary care teams' collaborative practice
3. Describe approaches to overcome challenges
4. Foster a better understand primary care team functioning

Panelists: Gordon Stockwell (Family Physician), Alysha Mehta (Family Physician), Annabeth Loveys (Family Physician)

Co-authors:

Adam Reid, Adam Wylie

Workshop

Friday, 2:45–4:05 p.m.

Non Certified Concurrent CPD Session 2: 2:45-4:05 p.m.**Planning for Partnership: A Practical Workshop on Patient Engagement**

Holly Etchegary, Dorothy Senior

Objective: To equip participants with practical skills to develop clear, meaningful, and feasible patient engagement plans for research proposals, quality improvement initiatives or larger health system projects. Participants will learn how to identify appropriate patient partners, define meaningful roles and contributions, plan engagement activities across a project lifecycle, and budget for patient involvement.

Content: The session will introduce key principles of patient engagement and distinguish meaningful engagement from consultation or information-sharing. Participants will explore core elements of a patient engagement plan, including purpose and objectives, patient partner identification and recruitment, roles and responsibilities, engagement methods and timing, accessibility and supports, compensation and recognition, communication, evaluation, and approaches to incorporating patient perspectives into projects. Examples of strong and commonly encountered weaknesses in engagement plans will illustrate how plans can be strengthened for proposals and adapted as projects evolve.

Method: This interactive workshop will combine brief presentations, practical examples, facilitated discussion, and hands-on exercises. Participants will work individually or in small groups to draft or refine components of a patient engagement plan using a structured framework. Activities will include identifying meaningful opportunities for patient contribution and developing engagement activities appropriate to different project activities. Participants will have opportunities to share ideas, receive feedback, and consider how to tailor plans to their context and available resources.

Prerequisite knowledge: No formal prerequisite knowledge is required. The session is designed for researchers, healthcare professionals, decision-makers and graduate students with an interest in patient-oriented research. Participants are encouraged, but not required, to have a research idea, proposal, or ongoing project to which they can apply the workshop concepts.

Co-authors:

Andrea Pike, Dorothy Senior, Holly Etchegary

Workshop

Saturday, 9:15–10:15 a.m.

Non Certified Concurrent CPD Session 3: 9:15-10:15 a.m.**The Power of Plain Language: Better Research Participation, Engagement, and Impact.**

Thaneswary Rajanderan

Objective: To build participants' practical skills and confidence in using plain language to make health, research, and practice information clearer, more accessible, and more engaging. Participants will explore how plain language can support better communication, research participation, knowledge translation, and implementation in team-based primary care.

Context: Whether communicating with patients, families, community partners, colleagues, or research participants, how we communicate matters. Complex language and jargon can create barriers to understanding, engagement, and action. Plain language offers a practical approach to making information easier to understand and use without oversimplifying the message. This workshop will explore how plain language can be incorporated into everyday healthcare and research communication, as well as creative "outside-the-box" approaches to knowledge translation.

Method: This interactive workshop will introduce the key principles of plain language writing and speaking through practical examples, discussion, and hands-on activities. Participants will explore where and how plain language can be applied in their own work, identify opportunities to improve existing communications, and learn practical tips and creative approaches they can take back to their teams and organizations.

Prerequisite Knowledge: No previous knowledge or experience with plain language, knowledge translation, or research communication is required. The workshop is relevant to anyone who communicates health, research, program, or practice information with patients, families, communities, colleagues, or other partners.

Co-authors:

Nicole Hollohan, Chelsey McPhee

Workshop

Saturday, 9:15–10:15 a.m.

Non Certified Concurrent CPD Session 3: 9:15-10:15 a.m.

Difficult Conversations and Conflict Resolution

Troy Mitchell

This one-hour session introduces and normalizes difficult conversations within teams and provides strategies for resolving conflicts. It enables individuals to better understand their own relationship with conflict and how to engage in team environments.

Troy Mitchell is a founding partner with Southcott Leadership Inc. He is an internationally certified coach and registered social worker. Southcott supports teams and organizations across Canada.

Troy is a retired healthcare professional, where he worked in the areas of Mental Health & Addictions, Quality & Patient Safety, and Healthcare Strategy.



Find out more about Southcott Leadership!



Community of Practice

Saturday, 12:30–4:30 p.m.

Non-Certified Additional CPD Session: 1:30 - 4:30 p.m.**IPC in Action: Lessons Learned in Team-Based Primary Care**

Do you work in a Family Care Team? Join us, either virtually or at one of our three in-person sites, for a series of interactive discussions about team-based primary care in Newfoundland & Labrador. Meet and interact with other professionals working in other Family Care Teams to share successes, challenges, and solutions.

- Who?** Family Care Team professionals of all backgrounds (family physicians, nurses, allied health professionals, clerks, administrators and managers)
- When?** Saturday, September 12th, 12:30 to 4:30 pm
- What?**
- 12:30 to 1:30: Guest Speaker Presentation**
“Leading together: Clinical and Administrative Partnerships for Better Primary Care”. Emmanuelle Britton & Martin Forgues
- 1:30 to 2:00: Research Study Presentation**
Sadhana Banjade, PhD candidate at Memorial University, will provide an overview of her study investigating the experiences of Family Care Team members regarding interprofessional collaboration, including factors that support or create challenges for effective teamwork and invite Family Care Team members to complete a voluntary online survey.
- 2:00 to 3:15: Breakout Discussions**
Meet with other Family Care Team members from your NLHS zone to share stories of how you made team-based solutions work for those in your care.
- 3:15 to 4:30: Panel Discussion**
Representatives from various Family Care Teams share their practice challenges, their collaborative solutions, and how to adopt these solutions in your daily practice.
- Where?** Online options to join from anywhere in the province, plus in person here at the Health Innovation Acceleration Centre, 66 Pippy Place, St. John's, NL.
- How?** Registration is free for anyone working in a Family Care Team. Register at:
<https://www.med.mun.ca/oped/programs/prifor2026>

Poster Presentations

Friday, 10:45-11:30 a.m.

Room: Cafeteria

1	Assessing for proliferative diabetic retinopathy using SD-OCT and an automated retinal segmentation algorithm	Margret Deering
2	Nipple discharge: Not all patients need radiology imaging.	Reagan Kidney
3	How Sweet is too sweet? Sip with Caution. Exploring Sugar-Sweetened Beverage Intake and Insulin Resistance in Youth	Susan Barry
4	Supporting Emergency Department Triage Decision-Making Using Artificial Intelligence	Bahareh Ahmadzadeh
5	The effect of unmet birth expectations on perinatal mental health	Katie Steeves
6	Better Beginnings: What Are We Missing? A 10-Year Follow-Up Study of Maternal Risk Factors in Newfoundland and Labrador	Aine Waterhouse
7	Unlocking the Potential: Telemedicine Implementation Strategies for Sustainable and Equitable Primary Care in Canada	Jennifer Mackey
8	Evaluating the implementation of the Back Skills Training (BeST) in Canada: a mixed methods feasibility study	Mona Frey
9	A Process Evaluation of Family Care Teams in Newfoundland and Labrador's Primary Healthcare System	Sadhana Banjade
10	Barriers and Enablers to Following Evidence-Based Antibiotic Prescription Guidelines for Upper Respiratory Tract Infections in Primary Care	Krystal Bursey

Poster Presentations

Friday, 2:00-2:45 p.m.

Room: Cafeteria

1	Evaluation of Patient Partnership in SurgeCon: A Patient-Centered Emergency Department Improvement Study	Anna Walsh
2	Informing Community-Driven Health Promotion: An Environmental Scan in Shea Heights, Newfoundland and Labrador	Amelia Hollett
3	Community Garden and Mental Wellbeing	Abrielle DeWolfe
4	Principles into Practice: Evaluating the Patient-Centeredness of Family Care Teams in Newfoundland and Labrador Through the Lens of the Picker Principles	Jacob Power
5	Interprofessional Collaboration in Family Care Teams of Newfoundland and Labrador: A Cross-sectional Survey of Team Members' Perceptions of Collaboration Level, Enablers, and Barriers	Sadhana Banjade
6	What is team-based primary care and how is it evaluated? A scoping review	Brad Furlong
7	Where do Allied Health Professionals fit into Primary Care Medical Homes?	Valerie Dawe
8	GLA:D™ Back – Implementation of a evidence-based group back rehabilitation program in NL	Mon Frey
9	Mapping the Evidence for the 2023 Canadian Diabetes Guideline Responsibilities	Brianna Barrett

Poster Presentations

Saturday, 10:15-11:00 a.m.

Room:
Cafeteria

1	Addressing Inefficiencies in Clinically Symptomatic Knee Osteoarthritis Care: Utilizing Baseline Referral Data to Propose a Newfoundland and Labrador Clinical Pathway	Krizza May Garcia
2	The Role of Nurses in Primary Care During the Midlife Transition: A Scoping Review of Perimenopause and Menopause Care	Dana Ryan
3	Developing an infrastructure for Canadian primary care to learn with patients: the CPIN SPOR project	Fazle Sharior
4	Principles into Practice: Evaluating the Patient-Centeredness of Family Care Teams in Newfoundland and Labrador Through the Lens of the Picker Principles	Jacob Power
5	Job titles and education requirements of licensed practical nurses in primary care: An international document analysis	Abigail Gruchy
6	Machine Learning for Early Prediction of Physician Initial Assessment Delays in Emergency Departments	Bahareh Ahmadzadeh
7	Interventions to improve diabetes care in rural primary care settings: a scoping review	Bradley Furlong
8	Evaluation of Team-Based Diabetes Care in a Rural Primary Care Practice: A Before-and-After Quality Improvement Audit	Cian O Morain
9	Evaluating the implementation of the Back Skills Training (BeST) in Canada: a mixed methods feasibility study	Mona Frey
10	Associations Between the Implementation of the NL Sugar-Sweetened Beverage Tax and Consumer Beverage Intake: A Cross-Sectional Study	Valerie Dawe



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Primary care Research Implementation IMprovement and Evaluation (PRIIME) Network

Primary Healthcare Research Unit (PHRU)

Family Care Team Resource Hub

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